

PRODUCTS CATALOG



Herbal Health Care Foods
www.lightlives.com

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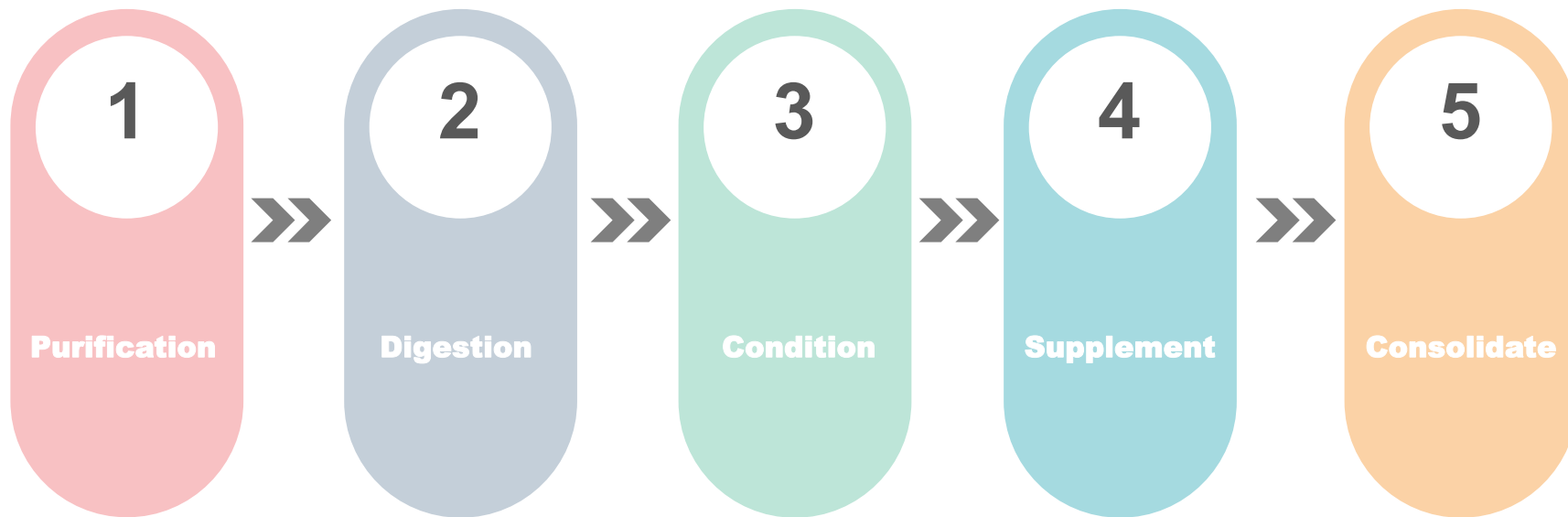
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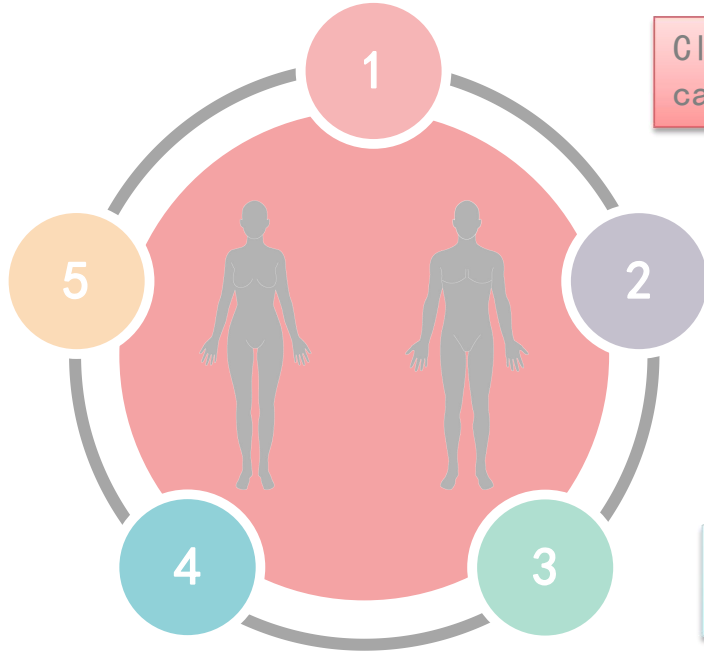


01 CONCEPT



What's "Purification, Digestion, Conditioning, Supplement, Consolidate"?

The body is like your house. The kitchen, bedroom, study, living room, balcony and bathroom represent our internal organs.



Cleaning the garbage and grease out of the room is called Purification.

Keeping sewers, lampblack machines, water pipes and circuits open is called Digestion.

Adjusting the position of furniture and electrical appliances so that they can be used normally is called Conditioning.

Adding equipment for each room is called Supplement.

Long-term adherence to cleaning, maintenance of rooms and furniture habits is called Consolidate.



02 PRODUCTS



Seaweed Jelly / Green Plum

Efficacy: Gut purge and toxicant elimination, eliminate constipation, solve the bad breath, acne removing and pale the stain, reduce fat and keep fit, spleen and stomach regulating, dispel the effect of alcohol and protect liver as well as regulate hyperglycemia, hyperlipidemia and hypertension.

Edible Method:

Take directly, 1-2 pieces each day.

Blood Clean Jelly



Efficacy: Improve gout, dispel wind and relieving exterior syndrome, nourish kidney and protect liver, nerve soothing, accelerate metabolism, invigorate blood and relax muscles and tendons.

Edible Method:

Take directly, 1-2 pieces each day.



Relieve Cold Jelly

Efficacy: Anti-inflammation cholagogue, tonify deficiency and cure the wind, delay senescence, cruor and relieve heat, clear heat and remove toxicity.

Edible Method:

Take directly, 1-2 pieces each day.

Utero Care Concentrated Powder

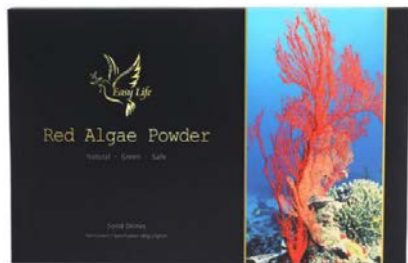
Efficacy: Reinforce Qi and nourish Blood, invigorate blood and warm the uterus, metrorrhagia and metrostaxis, strengthen spleen and stomach, nourish skin and beautify, nourish Yin and moisten dryness.

Edible Method:

Take it diluted by 180-200 ml volume of hot water and adjust by individual taste; 1-2 bars each time and twice per day.



Red Algae Powder



Efficacy: Dispel dampness and reduce weight, nourishment and satiety, clean blood and decrease fat, tonify spleen and boost kidney, replenish Qi and enrich blood, skin whitening and nourishing.

Edible Method:

Brew by boiled water, 25 min cooling down and enjoy, 1-2 pieces per time.



Muscular Man

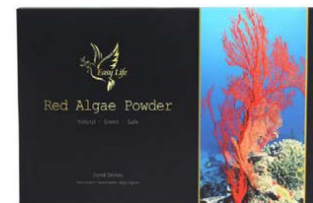
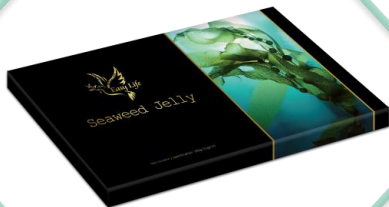
Efficacy: Tonify and reinforce kidney, improve somatic function, relieve fatigue, adjust the hormonal balance, energy recharge after sex life, activate fertility.

Edible Method:

Two pieces in the first day, then one piece a day.



03 SETS



Seaweed Jelly



Utero Care
Concentrated Power



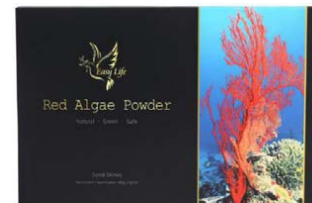
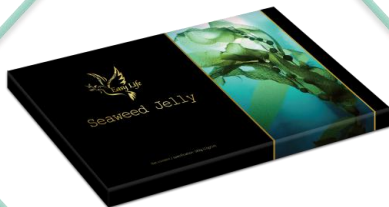
Red Algae Power



Seaweed Jelly



Relieve Cold Jelly



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Blood Clean Jelly



Red Algae Power

THANK YOU



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