



Suitable Crowd

Obesity, severe dampness, deficiency of qi and blood, endocrine disorder patients.

(Caution: patients with stomach ulceration or duodenal ulcer are not recommended)

Direction

Two pouches each time. Brewed by 80ml boiled water, cooling down for 25 min till becomes a jelly state. Not drink water within one hour after taking; Take before each meal (for weight-losing) or take before sleep (dispelling dampness and replenishing Qi and blood).

Function

Dispel dampness and reduce weight, nourishment, and satiety

Clean blood and decrease fat, tonify spleen and boost kidney

Replenish Qi and enrich blood, skin whitening and nourishing

Ingredient

Chia seed: A fiber food with high quality; it has a super-strong adhesion force with water, cation exchange force and suction force; and its nutrient content is comparatively high, the soluble dietary fiber is 12 times than that of whole wheat bran. It can effectively heighten the satiety, facilitate intestinal gurgling and prevent constipation. Contains high protein and zero cholesterol, it is suitable for patients with cardiovascular diseases and obesity, it enriches a variety of nutritional ingredients that are necessary for human body, the abundant cellulose can balance the glucose and thus prevent diabetes; the plenty of antioxidant ingredients, Vitamin E and C make the skin healthier; the enriched non-saturated fatty acid can regulate the cholesterol in the human body and reduce the risk of cardiovascular diseases.

Haematococcus Pluvialis: Universally accepted that haematococcus Pluvialis is the best creature in the world that produces natural astaxanthin. Astaxanthin with algal resources is 100% sinistroyration (3S-3 'S) structure, with the strongest biological activity; astaxanthin extracted from this kind of microalgae (subcritical biological technology) is undoubted with vast development prospect, and it has become the research hotspot of the production of natural astaxanthin in the worldwide range in recent years. Astaxanthin possesses strong resistance to oxidation; therefore, it has effects of fighting against the tumor, preventing cancer, improving immunity and vision, etc.

Konjac Powder: Enjoys the fame of ‘Gastrointestinal sweeper’, ‘blood purifier’. It is equipped with a variety of effects such as lipid-decreasing, glucose-lowering, cholesterol reducing, anticancer and bowels purging, etc. The konjac contains soluble dietary fiber which may suppress the rise of postprandial blood glucose; the gel it contains may resist the invasion of cancerogenic substance, hence it is an ideal anticancer food. Konjaku has been fashionable in the whole world due to its effects such as losing weight, keeping fitness, healing, and anti-cancer, etc.

Medlar Powder: With sweet taste and mild nature, has the function of nourishing liver and kidney as well as moistening lung; it contains enriched carotene and diverse vitamins and calcium, iron which are essential nutrient substance for eyes, hence, it has the efficacy of improving the acuity of eyes, and is commonly known as ‘eye-brightening’. Doctors of all dynasties often used medlar when treating the dim vision and nyctalopia caused by the deficiency of hepatic blood and kidney Yin. Moreover, medlar had been used as medicine ever since the ‘concentrated on bud medlar’ recorded in The Book of Songs; so far, it has a history with more than 3,000 years; the word ‘medlar’ had its appearance in the Shen Nong’s Herbal Classics for the first time and been labeled as top grade; for thousands of years, it has been the favorite of people.

Ormosia Powder: Enriched with Vitamin B1 and B2, protein and diverse minerals, has the effects of blood Tonification, smoothing the discharge of urine, eliminating edema and facilitating cardiac activation, etc. Ormosia can facilitate the activation of heart vessels, and has the function of invigorating stomach and engendering body liquid, dispelling dampness and tonifying Qi; meanwhile, it can accelerate blood circulation, clear away heart-fire and nurture the soul, tonifying spleen and kidney, lift the vitality of internal organs, intensify physical power and enhance the immunity, hence, it is a favorable medical and healthy aliment. In traditional Chinese medicine, ormosia is mainly used for the operating of liquid-dispelling dampness, smooth the Qi-remove barbiars; it has great help in improving the edema and barbiars among late pregnancy women.

Red Date Powder: With mild nature and sweet taste, the contents of vitamin is quite high; it has a fame of 'natural vitamin pills' and effects of nourishing Yin and tonifying Yang, replenish Qi and enriching blood, strengthening the spleen and stomach; it has an ideal efficacy in the treatment of allergic purpura, anemia, hypertension, acute and chronic hepatitis and the increase of serum transaminase among liver cirrhosis patients as well as the prevention of blood transfusion reaction; it contains substance with anti-fatigue effect which may strengthen the endurance; it has the efficacy of alleviating the impairment of liver caused by toxicant; the flavonoid compounds in the red date may reduce the blood pressure; besides, red date has a strong function of suppressing cancer and anti-allergy.

Potato Powder: The nutrition value of potato protein is quite high, its quality equals to that of egg, is easy to digest and absorb. The potato protein contains 18 kinds of amino acid which include the essential amino-acid that cannot be produced by the human body. The potato starch is hard to degrade compared with other kinds of starch, it is rather slow in being digested, absorbed and enter into blood circulation; thus, it can increase the satiety and achieve the effect of losing weight. It has diverse vitamin and inorganic salt, especially, Vitamin C can prevent scurvy and stimulate hematopoietic function.

